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The Campus Slate

NYIT's Student Newspaper

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'Tis the Season, Four Loko --But Where?



This Is More Than Sex Education



It's hard to deny sex as a large part of most people's lives. Whether you consider yourself reserved or promiscuous, the topic will almost undoubtedly come up in a conversation, media, or your plans for the evening. Sex is also a sensitive topic for many; we are told in many classes to "act like adults" when sex is mentioned, usually implying that it is a concept that we should understand, perhaps even embrace. Then there are the family conversations around the dinner table – someone makes a dirty joke, and another person questions it, only to be told "we're all adults, aren't we?" **See page 7**

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• Ltest installations from our blogs

• Outside Gym

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The Campus Slate

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Faculty Advisor



Adjunct Professor of English: is filling in for John Hanc while he is on sabatical. In 2008-2009, she was presented with the NYIT Athletics Faculty Appreciation Award bestowed by the Student - Athlete Advisory Committee (SAAC). Prior to teaching at NYIT, she was a Project Manager at EMI Records working with the industries top recording artists and executives. She is a NYIT graduate and former writer and editor of the Slate.

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Editor-in-Chief



Amanda is an advertising student beginning her senior year at NYIT. She works at an advertising agency in Garden City for three years. Her biggest hobby is dancing. She has been dancing and performing with an Indian dance group located in Queens for over four years.

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Web Site Editor



Robin is a graduate student in Communications Arts, and also works in the School of Education. She received a B.S. in Journalism from the University of Maryland at College Park and has worked as a reporter, writer, and editor.

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Maciej is a sophomore undergraduate in the Advertising program at NYIT. He is also in the Carleton Group and is an aspiring graphic designer. His interests are cars, tennis, soccer and music.

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Photographer/Ad Designer



Sujith is a junior doing Pre-Med. He loves to watch and play basketball. He also enjoys working for youth groups such as Men's Ministry and IVCF. His favorite cuisines include Indian, Chinese, and Italian. If you do see this young fellow around, be sure to smile because he will snap a shot!

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Rajay is a commucation arts student beginning his last year at NYIT. His hobbies include playing basketball and working out. He enjoys relaxing and just listening to R n B music on his days off.

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SanJ Singh is a newly switched Communication Arts student and is also the Operations Manager of the WNYT radio station located at the NYIT Old Westbury campus. He also works in the bookstore on the lower level of Salten Hall.

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Anthony Steglik is a sophmore in the Communication Arts-TV/ Radio/Film program. He has been in the US Army Reserves for 3 years in a public affairs unit where he is a photographer and videographer. He is also a member of the fraternity TKE (Tau Kappa Epsilon).

Jessica Whittaker
Staff Writer/Contest Director



Jessica is an Advertising major in her senior year. She enjoys traveling to new and exotic places. She is a huge New York Yankees fan and hopes to work in their media relations department.

Blanca Mejia
Staff Writer



Blanca is a junior at NYIT and is a Communication Arts student. She is laid back and loves to hang out with her close friends. Her goal is to one day pursue a career in public relations/ journalism.

David Muscat
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David is a senior undergraduate student majoring in Business Finance. He aspires to pass the Series 7 exam and hopes to work on Wall Street after he graduates. His free time is often spent working on his car. He loves Manchester United, eating, playing soccer, and hanging out with family and friends.

Christopher A. Bustos
Staff Writer



Christopher A. Bustos is a sophomore at NYIT. He is studying to earn a Combined BS/ MBA Degree in Public Accounting by 2013. He enjoys watching sports, listening to any type of music (as long as it has a good beat) and joking around with his closest of friends.

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Lynsey is a biology student beginning her sophomore year at NYIT. She is part of the softball team. She enjoys keeping active and meeting new people.

Nicole Rosenberg
Staff Writer



Nicole is a Communication Arts student beginning her final senior semester at NYIT. Her main passions are film and music but enjoys all art. She is a professional figure skater and a percussionist. She loves to perform in the art of acting and was in the school play last year.

Douglas Guerra
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Douglas is a Communication Arts major and is now in his senior year at NYIT. He currently shoots and edits video, and maintains a video technology blog. His interests include science fiction, social commentary, and dark humor.

Al Marten
Staff Writer



Al Marten is an undergraduate English major; after a nearly 20 year break from campus life has returned to NYIT to complete his senior year.

Stephanie Belizaire
Staff Writer



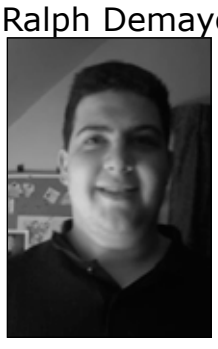
Stephanie is currently a junior at NYIT. She is majoring in Communication Arts with a concentration in television. She enjoys volunteering and writing on her free time.

Joe Petchonka
Staff Writer



Joe Petchonka is a senior at NYIT. He is an English major with concentration on professional writing and hopes to become a technical writer or journalist in the future. He has been playing the electric guitar for over six years and is his primary interest.

Ralph Demayo
Staff Writer



Ralph Demayo is an Interdisciplinary Studies major and always enjoyed being creative and informative. He will be reporting on the various groups during free hour that help make NYIT a fun and educational experience.

Nina Cicero
Staff Writer



Nina Cicero is a senior at NYIT. She is an Interdisciplinary Studies Major with a concentration in Communications, Hospitality and Business. She is a member and captain of NYIT Women's Volleyball team.

Daniel Canobbio
Staff Writer



Dan is an interdisciplinary studies major beginning his junior year at NYIT. He enjoys traveling and has covered sports for various newspapers and magazines over his high school and college career.

Richard Floersch
Staff Writer



Rich is a Communication arts Senior. He enjoys playing music and is in two touring bands. He also loves to fish, surf, snowboard, and film.

Brian Jensen
Staff Writer



A senior in his final semester at NYIT, Brian is pursuing a degree in Communication Arts for television and film. When not in class, he also produces a television show for the Sportsman's Channel entitled "Freedom to Hunt," slated to air in 2011. Besides work and school, Brian enjoys long walks on the beach, barbershop quartets, and scrap-booking.

Letters From The Editors

Dear Campus Slate Readers,



Are you in the holiday spirit yet? For me, the season spirit is developing gradually. It's hard to fully build your holiday spirit when finals, projects, and term papers are due in just a few days. You're probably feeling the same way right now but remember to keep your head on and manage your time wisely. We are near the finish line for fall semester 2010!

This will also be the final issue of The Campus Slate for the fall 2010. Inside this issue, we have a story on the Four Loko energy drink controversy. We also have another interesting article regarding sexuality, relationships and "hook-ups." In NYIT news, there is an article within the issue about the toy drive that is currently happening through the campus Community Service Center. Make a kid's dreams come true this holiday by donating a toy before December 16.

For all you Harry Potter fans that haven't had the chance to see the latest movie as yet (*Harry Potter and the Deathly Hallows: Part I*), read a review on it to see if it's worth going to the movies or just waiting till it comes out on DVD. Some must-see movies that are coming out soon in theaters are *Tron: Legacy in 3D*, *Little Fockers*, *The Chronicles of Narnia: The Voyage of the Dawn Treader* (which comes out this weekend), *The Tourist*, etc.

The Campus Slate staff also developed a special message video for those students that are going into the army for the next several months. Check it out by visiting our YouTube Channel: http://www.youtube.com/user/TheCampusSlateNYIT

Also on our YouTube Channel, check out our Hot Chocolate Event video that happened earlier in the semester.

We hope that you enjoyed the many stories, contests, videos, pictures, and blogs that were brought to you throughout the semester. I would like to thank all the Slate staff members for their cooperation, hard work, and making The Campus Slate energetic for all the readers to enjoy both in print and online. I would also like to thank this semester's faculty advisor, Cindy Davis, for all of her guidance and support throughout the semester (we will miss you!).

For those who are graduating, congratulations and best wishes in the future. For those who are returning back, we hope that you continue to read The Campus Slate in the Spring semester.

And I will be back as Editor-In-Chief for the Spring semester so if you have any story ideas in mind or interested in joining the Slate team, just send me an email to slate@nyit.edu.

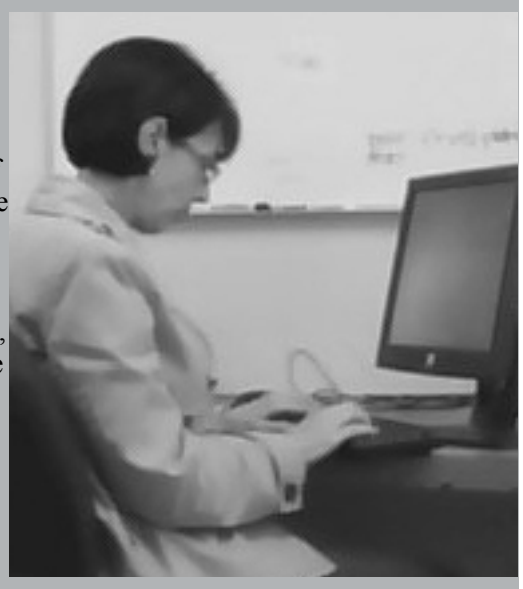
Happy Holidays! And a Happy New Year!

Sincerely,

Amanda Beekharry

Editor-In-Chief

Dear Readers,



Welcome to the last issue of the Fall 2010 semester. It seems like it was just September and the new, enthusiastic staff of *The Campus Slate* and *thecampusslate.com* was getting organized and ready to write, print, and upload its first issue of the semester.

Turning out an issue every two weeks keeps the pace brisk for us— what that means for you, our readers, is a newspaper and web site that brings you current and relevant news, features, sports articles and more. In today's fast-moving world, timely information is a commodity we all need easy access to—whether you're picking up a print issue in Anna Rubin Hall or reading the online newspaper during a homework break at Wisser Library.

Next semester, some of us will be back and some of us won't, and there will be lots of new, fresh faces awaiting their first writing, design, advertising, photography, or web site challenge. While I'm sad to say that this will be my last issue as Web Site Editor, I'm grateful to have had the opportunity to be actively involved in electronic journalism and work with so many talented people. It has been an intense and exceptional learning experience for me, and I'm happy to say that when January comes along, readers of *thecampusslate.com* will be in excellent, capable hands.

So, in my last editorial as Web Site Editor, I wish you:

- good luck on your finals;
- all the best if you're graduating and job hunting;
- happy holidays;
- a fun, safe, and rejuvenating winter break; and
- a satisfying and stimulating Spring 2011 semester.

Regards,

Robin Bensignor

Web Site Editor

Meet Cindy Davis



1. What was the biggest challenge of the semester for you?

Cindy Davis: *Having a diverse staff, recognizing their talent and trying to get them to the next the level. But it's my favorite kind of challenge*

.

2. What was the most fun you had in your role as Faculty Advisor?

Cindy Davis: *Getting to know the Slate staff on a personal and professional level and seeing that come through in their contributions to The Campus Slate. Another very fun day was our hot chocolate event at the Quad. Amanda had this great idea to promote readership, give away hot chocolate with an issue of The Slate. All morning it was raining so hard, Amanda and I were deciding where to have the event. At 12:00 the sun came out and it was 80 degrees. I was literally running through campus to round up the staff. Brian Jensen had his camera, when I told him where we were he took off and kept his camera on. WNYT radio was there and students were coming out to the Quad dancing, taking and "reading" The Slate. Everyone backed up Amanda any way they could, even if it was to just smile and hand out newspapers. It was a great moment to be part of. The only down side: the bees came out and were swarming the hot chocolate so it went to waste.*

3. Do you think the staff had fun?

Cindy Davis: *You'd have to ask them. I can only point to where they were hitting on an idea that seemed so natural for them...I hoped it was fun developing it!*

4. What are one or two things are you most proud of this semester?

Cindy Davis: *...it's more like twenty-two NYIT students. Everyone is so talented I am proud to be associated with this group of students, they give me so much hope for the future. When I first met with Amanda, Robin and Maciej a few weeks before the fall semester started, I said I want everyone to have fun and be passionate about what they are doing. That is not an easy task when you are trying to produce a college newspaper with good writing. So the three of them were really the backbone of the newspaper. They are very good at what they do and have an enormous amount of persistence and patience as we were working out the kinks and as the writers and designers were finding their nitch.*

5. Since you were a writer and editor for The Slate, what was different about being a faculty advisor?

Cindy Davis: *It was coming full circle. That's a great feeling! I am so thankful to John Hanc and Elaine Brown for giving me this opportunity. As a writer you worry about your story, as an editor all the little details and as a faculty advisor I was thinking in concepts, how to develop potential, and worrying if I was giving equal attention to the staff. I hope I did.*

6. If you were to be Faculty Advisor for another semester, what would you do differently?

Cindy Davis: *I'd order more pizza!*


From All of Us Here
at the Campus Slate...
Merry Christmas
HAPPY HANUKKAH
HAPPY KWANZAA
Happy Bodhi Day
(Hope we didn't forget anyone!)

Going Loco for Four Loko

By: David Muscat

Loco, (lo·co): Adjective

1. (*demente*) mad, crazy
2. *figurative* (*imprudente*) crazy, reckless
3. (*extraordinario*) extraordinary, unbelievable



Have you ever heard anyone speaking Spanish, and the word "Loco" was thrown around in his or her sentence? If so, one would usually interpret the meaning of the word as "crazy" or "reckless". To most, this does not seem like the case anymore. Now a days, it seems to be that our corrupt minds automatically think of the now very famous drink, *Four Loko.*

Whenever driving through the streets of Long Island, full of potholes looking like craters, lies either a gas station or a Liquor store every couple of miles. Young people crowd the aisles of these pit stops every Thursday, Friday, and Saturday. The main reason being is for the two or three racks in the chilled fridges usually filled with 23.5- ounce colorful cans. These vibrant colored cans are the one and only Four Lokos. If the usual demand for these invincible cans have not made the racks look nearly empty, than you will be able to get your hands on the fruity malt beverage that combines the caffeine of two cups of coffee with the buzz factor of four to six beers.

Four Loko's name comes from its four primary ingredients—alcohol (12 percent by volume), caffeine, taurine, and guarana. Four is a caffeinated, alcoholic energy drink that has malt liquor as its base. It is produced by Phusion Projects LLC of Chicago, Illinois. Besides the 4 golden primary ingredients, these crazy cans also contain carbonated water, sugar, and natural and artificial flavoring. If you have a certain preference of flavoring that your taste buds crave, I'm sure you can find it among the many flavors offered around town. Four Loko comes in nine flavors: the three original flavors (fruit punch, orange blend and grape), plus watermelon, blue raspberry, kiwi strawberry, lemonade, cranberry lemonade and lemon lime.

A can of Loko has roughly the same amount of caffeine as a tall Starbucks coffee. They feature seven different warnings about the alcohol content and the need for an ID for purchase. Even though the drinking age is 21, these popular drinks are found walking the halls of middle schools, high schools, college dorm buildings, business offices, and residential homes. Who wouldn't mind an extra jolt of energy while receiving a buzz to turn that frown upside down?

23.5 ounces of this "liquid crack" does its job with efficiency and economy for almost anyone who decides to drink it, but mainly targeting students of all ages. A can of Four costs approximately $2.50, but can cost as little as $1.99 in some areas. What more can you ask for? This seems to be the first friend invited to anyone's "predrinking" party. Michael Lovisa says, "Most people who decide to party with a can of black out usually slam down a can of it at home before going out. They're probably going to start with it first than move on to something else." The price seems to be a bargain for college students whether the goal is to get a nice buzz or flat-out drunk.

The popularity of these drinks have come so far that a lower east side bar owner planned to hold an "All-you-can-drink" Four Loko event before he learned it would be illegal. He was going charge $15 for unlimited amounts of the infamous beverage. The event was canceled after he found out it violates a state rule barring all-you-can-drink specials. Eddie Huang, the owner of Xiao Ye restaurant said, "I don't want to lose my liquor license. This is horrible. I was excited about this." He added, "Now I got to figure out how to give people enough Four Loko so they can get their blackout. People like to black out."

As it seems to appear, this blacking out factor that seems to come for no additional cost, has brought awareness to many colleges and universities. The drink has come under major fire as colleges and universities across the nation have begun to see injuries and blackouts due to the drink's use. The University of Rhode Island banned this product from their campus on November 5, 2010. The state of Washington banned Four Loko after nine university students aged 17 to 19 from Central Washington University in Ellensburg, WA fell ill at a house party in Roslyn, WA. The university students were hospitalized and one university student, with a blood alcohol level of .35, almost died.

In October 2010, following the hospitalization of seventeen students and six visitors, Ramapo College of New Jersey banned the possession and consumption of Four Loko on its campus. As a result, Worcester State University stopped the sale of all energy drinks and it as well as Boston College has informed their students of the risks involved in consuming Four beverages.

In November, other colleges joined in the effort to inform their students about Four energy drinks. Salve Regina University, Northeastern University, Wentworth Institute of Technology, Southern Connecticut State University, Sacred Heart University, University of Central Oklahoma, Massachusetts Maritime Academy, Ramapo College, Duquesne University, Bryant University, Boston University, Bentley University, Salem State University, Villanova University, Brandeis University and SUNY Cortland have all sent out notices informing their students to avoid the drink. University of Rhode Island, Mount St. Mary's University, Temple University, Niagara University, and Wentworth Institute of Technology have placed outright bans on the consumption of the drink on their campuses.

You might be thinking, what is so bad about these ultimate drinks especially if they didn't ban them in the state of New York yet? Shortly after stores, colleges, and universities acted, Governor of New York David Paterson announced that Phusion was withdrawing the beverage from the state of New York as of November 19, 2010. New York state senator Chuck Schumer and New York City councilman James Sanders Jr. went straight to the Obama administration to ban Four Loko across the state of New York. Sanders Jr. expressed that "We are going to go crazy to protect our children from going crazy over Four Loko." New York's liquor regulators said that they had determined there was insufficient evidence to show that the products were safe. I guess Eddie Huang will now have to figure out a different all-you-can-drink special to allow people to get their "blackout" on!

Brooklyn Assemblyman Felix Ortiz has been working to get it taken off the shelves since it first came out. Recently, he offered to be the test subject to this controversial beverage by showing the effects it has in one hour. As the hour begins, his pulse shoots up and his blood pressure slows as the alcohol (depressant) starts to take part. Sixty minutes later, two and 1/2 cans in, the equivalent of three large cups of coffee caffeine, Ortiz is intoxicated. His pulse is up to 86 beats per minute and his blood pressure is 126 over 84.

Four Loko's potential danger comes from mixing caffeine and alcohol. When alcohol and caffeine are combined people report feeling reduced sensations typically associated with alcohol believed to result from caffeine counteracting the depressive effects thus keeping the individual more alert. However, when the caffeine wears off the person feels the full effects of the alcohol. This can lead to excess consumption of alcohol because the delayed feeling of drunkenness leads an individual to seek additional alcohol to obtain the same sensations as those found in previous encounters.

A study done at the University of Florida in Gainesville, Florida, found that students who mixed caffeine and alcohol thought they were capable of driving more often than those who drank non-caffeinated alcoholic drinks. People seem to think they are invincible when drinking this concoction, but in reality they are just acting *loco.*

Now that it seems to be these cans are going to be walking out of your middle schools, high schools, college dorm buildings, business offices, and residential homes, what are you going to do? Are you going to go stock up on cases and drink them only on special occasions? Possibly become an entrepreneur and make a profit? Are you going to take it upon your self and create another form of liquid gold in a can? Or are you going to attend the funeral of these cans and make sure you become part of the, "R.I.P Four Loko" Facebook group? The stop on the distribution of Four Lokos in your surrounding area will put an end to extreme vomiting, hospitalizations, near death experiences, and other potential dangers you may accidentally find yourself walking into. Don't worry though; there are many number one YouTube hits out representing what an influential impact these sweet syrup-tasting cans had on many people's lives. It will only be a matter of time till the freezer racks will be filled with some other liquid form of social lubricant.

This Is More Than Sex Education

By Douglas Guerra

It's hard to deny sex as a large part of most people's lives. Whether you consider yourself reserved or promiscuous, the topic will almost undoubtedly come up in a conversation, media, or your plans for the evening. Sex is also a sensitive topic for many; we are told in many classes to "act like adults" when sex is mentioned, usually implying that it is a concept that we should understand, perhaps even embrace. Then there are the family conversations around the dinner table – someone makes a dirty joke, and another person questions it, only to be told "we're all adults, aren't we?"

Sexuality has also evolved over greatly over the last few decades, and as the current young adults, we are likely considered the most sexually open generation yet. Back in the 1960s and 70s, the Sexual Revolution had placed human sexuality in the center of many art forms, politics, media, and culture. Cinema has embraced increasingly lax censorship over the decades since, political wars have been fought over the legality of abortion and gay marriage, while advertising media has greatly influenced, and been influenced *by* our culture of sex. Whether or not this is a good thing is up for debate of editorials, though putting aside the glamour and eroticism behind sex that often comes packaged in mass media, there is an educational, human understanding to be had about sexuality.

There's a big part of many people's lives called "relationships," and it would be very difficult for someone to claim that sex is not a large part of relationships, especially among college students (and to the displeasure, but reality of many, teenagers). One only needs to do a quick Google search for "sex and relationships" to see a plethora of guides on maintaining sexual activity, to avoiding sexual abuse, but these are often in regards to married or engaged couples, and seldom the college student. An editorial retrieved from USAToday, back in 2001, describes one girls' stories from her own roommates on the topic of dating, versus the somewhat ambiguous term, "hook ups". Most of us are aware of what hooking up is; it's basically when two people go out, usually once, strictly for sexual reasons. This is, of course, quite the opposite of traditional dating, which is a more prolonged process, where both people get to know each other over time, with a "full fledged" relationship – along with sex – perhaps down the road. We've all likely gone through at least a few dates and relationships before.

Or have we?

The editorial, written by Laura Vanderkam, quotes a study by The Institute For American Values, saying "Only half of the women interviewed had been on six or more dates during college; a third had been on no more than two… I hear the traditionalists clucking. Sex without commitment. Sounds like a male plot, right? But women are going along." Though Vanderkam brings up *expected* reasons for the surge in hookups, she submits her own theory: "Some blame the sexual revolution. Some blame co-ed dorms and alcohol abuse. I blame something else. Hookups are part of a larger cultural picture. Today's college kids are the first generation to have had their entire childhoods scheduled. To them, dating is simply not a productive use of time."

Since the editorial is nearly a decade old as of this writing, it is possible that attitudes have changed. She later asserts that this decrease in dating essentially "starves the soul," and while her language may be religious in tone, her elaboration transcends religion. Vanderkam compares the trend to a lack of proper education, a lack of investment of one's self into truly understanding the complexities and emotions of a relationship. Ultimately, however, as an editorial, her opinion was worth challenging.

If this is truly a generational phenomenon – or perhaps an evolution – we are nearing a new generation of students, and maybe a new way of thinking. With that said, any challenge would need to go beyond the borders of NYIT. It has. A short survey, comprised of answers from NYIT and a few others (all admittedly Long Island based), offers anonymous responses from students; only sex was recorded. The results range from a continuing tradition of gender roles and double standards, to serious discussion as to what can be considered normal sexual behavior. It covers a response to Vanderkam's piece, asking "do you prefer to go on dates, or do you more frequently hook up?" There's also broader questions, such as "how important is a sex life to you?"

One man's response read, "Sex life is important to me, but I enjoy being in a relationship, not [sic] just hooking up with anyone, anytime." On the question of preferring hook ups or relationships, a woman wrote, "I prefer to meet people just through mutual friends and spend time in a more casual context. I'm fine with hooking up, as long as it's done responsibly, and you don't depend upon it for validation of self."

"To me a sex life is only as good as the relationship that supports it. Without a solid emotional investment, the physical payoff is not much greater than masturbating," said another man.

To elaborate on the concept of a more sexually open society, the question was asked "how comfortable are you with discussing your sex life with members of the opposite sex, who are not your boyfriend or girlfriend?" The results were generally reflective of both sexes finding the topic easily approachable with other friends, some even embracing it. "I am very comfortable discussing sex with the opposite sex. If you're mature enough to have sex, you should be mature enough to speak about it," said one woman, while another wrote "I wish girls in general were more open in discussing their sexual desires. This is progressing decently with our generation, but there are still an unfortunate amount of people that are too consumed by shame and guilt over their own bodies to enjoy themselves." From the male perspective, "I am comfortable, it's natural to talk about", and, "very comfortable, I have plenty of good friends of the opposite sex, and we do talk about our sex lives." That's not to say the opinion is universal. Some students did give blunt answers such as "not very."

The final question concerns the future: "what social norms about sexuality do you wish you could change?" Answers varied wildly on this question, from long standing issues on gay marriage, to a call to change stereotypical gender roles; some students chose not to answer.

"…I wish sex education was taught under the Scandinavian model (ie: start in kindergarten!). There's a reason their rate of teen pregnancy and STDs is the lowest in the world!"

"For both sides, it should be normal to talk about [sex]."

"I guess the whole trouble with gay marriage. I don't see anything wrong with it."

"I'd like people to be honest with themselves."

"There should be no tolerance for violence in either gender."

"Don't be hating [sic] if a pretty young lady is getting some. She isn't a whore, she's healthy."

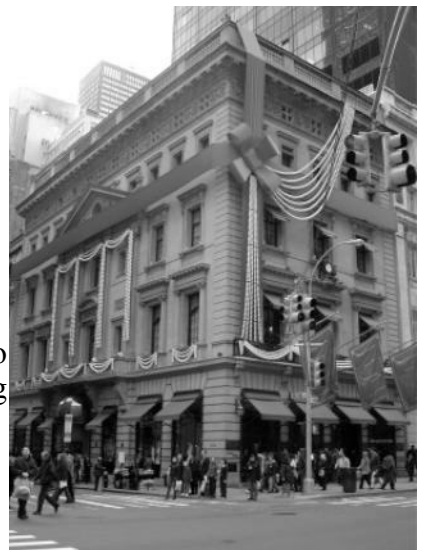
While this is a minor sampling compared to the study sourced in Vanderkam's editorial, her idea that "Dates and, for the most part, love affairs, are passé" is perhaps not quite as absolute as she thought. Perhaps, it is not that students wish to only hook up, but simply do not find themselves dating. As one man said, "I think this question is actually two, I *would* prefer to go on dates, but I find myself more frequently hooking up."

But, sex isn't to be seen as a bad thing either. "I don't really interact with sexually open people at this school (WPI); most are sexually frustrated and suppressed... We have this saying at school, 'it would be so much easier to deal with these people if everyone just got laid.' I think it's true."

Top 10 Holiday Activities To Do In The Big Apple

By: Lynsey Michaud

The holiday break is a favorite for most; maybe it's because of the long vacations or it's the fact that we don't have school for a month that makes it the best break. The biggest and most special thing about the long holiday break is the warm sense of traditions, family, and friends but what really gets you into the holiday spirit? If you have no plans for this upcoming holiday season New York City is filled with festive activities sure to keep you occupied and most of all having fun.



www.poshnosh.com

List of holiday season activity:

1. **Department window store displays**

   If you haven't seen this already you are sure to be stunned at that magical lights and Christmas scenes located at some of the biggest designer stores, such as: Macy's Herald Square, Saks Fifth Avenue, Barneys New York, Bergdorf Goodman, Bloomingdale's, Lord & Taylor, etc.

2. **Rockefeller Center**

   Between the crisp air of winter to the gliding of ice skaters and most of all the most famous Christmas tree around, you will sure to not want to miss this.

3. **Holiday lights tour via the tour bus**

   If you want to see all the holiday festivities in one shot, you will absolutely want to take the bus tour and you'll surely be amazed by the dazzling lights of the Big Apple.

4. **Radio City Music Hall Christmas Spectacular**

   This spectacular 90 minute show is for all ages so bring your little brothers, sisters and/or cousins and let them experience a wonderful holiday show.

5. **Broadway**

   Broadway is great all year round and you haven't seen anything yet unless you've seen a Broadway show. If you experience a holiday show you will for sure leave feeling festive.

6. **Nutcracker Ballet at Lincoln Center**

   If you have some money to spend you'll definitely want to splurge and see the best ballet show in the world. You will be dumbfounded at how magical and delightful this show is.

7. **Ice Skating in Central Park's Wollman Rink**

   If you've always loved ice skating you must go to this iconic Central Park ice skating rink. The lines may be long but it's worth the wait.

8. **New York Pops present How the Grinch Stole Christmas**.

   All that needs to be said is that it's by far one of the best Christmas stories ever made.

9. **Annual Holiday Train Show at the New York Botanical Gardens**

   Even if you're not a train lover, you'll surely be amazed at the miles of train tracks that loops around New York City's famous landmarks.

10. **New Year's Eve in Times Square 2010 – 2011**

    By far the craziest event that you should experience at least once in your life!

If you are not in the holiday spirit as yet, you soon will be after attending a few of these events. The holiday season is one of the most culture enriched and traditional times of the year so become a part of it and maybe you can start your own traditions!



Sharing sorrow

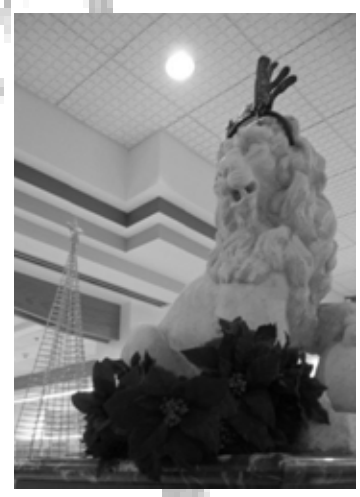
For NYIT students Joe Olivia and Ben Cecil... Hoping it will comfort their families and friends to show how much others care.



NYIT WISHES THE TROOPS A HAPPY HOLIDAY











LI Man is a Living Witness to WWII history

By: Robert Marzano, Guest Contributor, Communication Arts Major

NYIT 2011



Many, if not all veterans love talking about their time in the service from the days of World War II. Many veterans who fought off the Germans on the Beaches of Normandy, and the ones who fought the Japanese in the Pacific continue to talk about their time, the experiences, the triumph and the horrors they all experienced. When you talk to a man who experienced things you could never experience, you are guaranteed a great story. For now, 85-year-old Anthony DeFilippis of West Babylon, New York, witnessed probably one of the most historic days in all of World War II.

Anthony says it's a day that he will never forget. On September 2, 1945, Anthony, along with 3,000 other seamen, stood atop the decks of the *USS Missouri,* as the Japanese Empire walked up and signed the official surrender in Tokyo Bay.

"I was there up on top of the tower on the battleship along with everyone who was trying to get a view," Anthony said.

In 1944, at the age of 18, he signed up to fight in WWII for the US Navy. He made that decision because he says, that's what people did during those days. General Douglas A. MacArthur signed the official documents which led to the surrender of the Japanese Empire. Among his person affects are the uniform he wore that day, with a pin with three stars, which represent his three campaigns in the Pacific. All 3,000 seamen who were present were also given a special card, which is verification of being present at the surrender.

Even before the proceedings, Anthony said that in the beginning of August, while on board his ship, they were told to move out over 4 - 500 miles off the Japanese mainland for a secret mission. The date was August 6, 1945, when the B-29, the Enola Gay, flown by Paul Tibbett's and his twelve men crew dropped the first atomic bomb on the island of Hiroshima.

"We were told to move out of the way when the plane came over the area. Before we knew it, the bomb was dropped. And it wasn't long after that they started to negotiate for peace," says Anthony.

Anthony also tells that he saw them surrender twice. The first time was during the second week of August when they came aboard his ship. The allied forces drew their guns and search many of the Japanese sailors, because the Japanese thought it was a trick.

"They confiscated all of their weapons, swords, and the proceedings went under way and the war came to an end," says Anthony.

Among the many people who have shared in this story is his wife of 62 years, Theresa. She says she couldn't be more proud of her husband for not only being a loving husband and father, but a hero of this great country. "I couldn't be more proud of him," she said with a smile.

Anthony also says that one of his greatest moments was meeting and shaking the hands of President Harry S. Truman, who shook the hands of all 3,000 seamen who were on the *USS Missouri*, the President's home state.

From the North African Front to a German POW

By: Robert Marzano, Guest Contributor, Communication Arts Major NYIT 2011

WWII Veteran talks about his time during the war, the Invasion of North Africa and his time as a Prisoner of War



While celebrating my aunt's father's birthday, he took the time to talk to us about his time during World War II, his fighting during the Invasion of North Africa as a member of the US Army's Company C 1st Infantry of the 26th Division, and the 26 months he spent as a German POW. Sayville resident of 60 years, **Jay B. Johnson** was only 18 when he enlisted in the army on November 25, 1940. In August of 1942, he was sent to England and began preparation for the Invasion of North Africa on November 10, 1942.

"The Germans had taken over every part of Europe and even parts of Africa, and we were trying to prevent them from taking over the parts of that country, too," Johnson says. During that time, Germany was becoming a superpower, led by their leader of the Reich Adolf Hitler, and his Nazi regime. During the Invasion on the morning of November 10th, Jay was wounded and remained in the country until February of 1943. On February 20, 1943, he was reported Missing In Action, or MIA, in Africa and he was nowhere to be found. In 1944, he was captured and remained in captivity in a German prisoner of war interment camp. This is where the ultimate story of survival came for him and many of the members of his infantry.

"After I was wounded, I was captured by members of the SS, and they brought us to a prison camp on a farm, where all we did was plant potatoes and work all day with little or no food and no breaks." During his 26 months as a German POW, he was very malnourished and became very thin because as he told, he ate nothing but potatoes, bread, and water. As a result, due to his malnourishment, he lost all of his hair. Working long hours in the potato fields, the sun beating down on the prisoners, they did nothing but talk, work, and hoe as Gestapo guards with weapons watched over them as they did all of the back breaking work. They also could see planes over head as the war progressed into the early years of 1945.

In April of 1945, President Franklin Delano Roosevelt had died of heart failure. He would never be able to see the end of the War. Jay and his buddies heard about his death from the most unlikely places. News had been going around all of Europe as the Allies mourned the death of the President.

"This German SS Officer came up to our group. He was walking with his head down, and he looked at up at us and gave us the news," Johnson said. This is the one story that he told us that was probably the most invigorating of any story anyone has ever heard. The enemy, not only was his voice, high, rough, and vague, but it was almost like sympathy was coming from this voice as Jay says. "He came up to a group of us and he said with this high German voice, 'Franklin D. Roosevelt. Great Leader. Great Leader. "

In April of 1945, Germany had surrendered to the Allied forces. They were liberated by the Russians in May of 1945, and before they cleared out of their barracks, they were given a farewell gift from the German officers. "They handed us German reichsmarks, and we were all like, 'what were we going to use these for,' after they surrendered they were worthless." To him it was funny, but for the Germans, it was the beginning of the end.

Jay rejoined the army after his release in France in May of 1945. He was back in New York by mid-June of 1945, and became the first Sayville resident to receive the Purple Heart for Military Valor of his services. In September of 1945, he was honorably discharged as America emerged a World super power. When asked if he had any regrets, Jay told me, "I was proud to serve my country, and I'm even more proud that I survived an incredible ordeal."



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New Punk and Indie Album Releases

By: Richard Floersch

Screeching Weasel – Television City Dream: November 9th, 2010

Originally based out of Chicago Illinois, Screeching Weasel is best known for helping to spark the early 1990s "pop-punk" movement and even though there are mixed reviews on Television City Dream off of Fat Wreck Chords, Screaching Weasel shows us that they still got it and "Hey Ho" can never get too old.



NoFx/The Spits 7" split – Self Titled: November 23rd, 2010

NoFx and the Spits Self titled "Split" is as raw, loud, and dirty as any of their other

albums. Even though there are only four songs on this Split, we can tell that NoFx never lost their whacky zany antics. The only difference is Fat Mike (singer) is on drugs if you can't tell by the album cover.



None More Black – Icons: October 26th, 2010

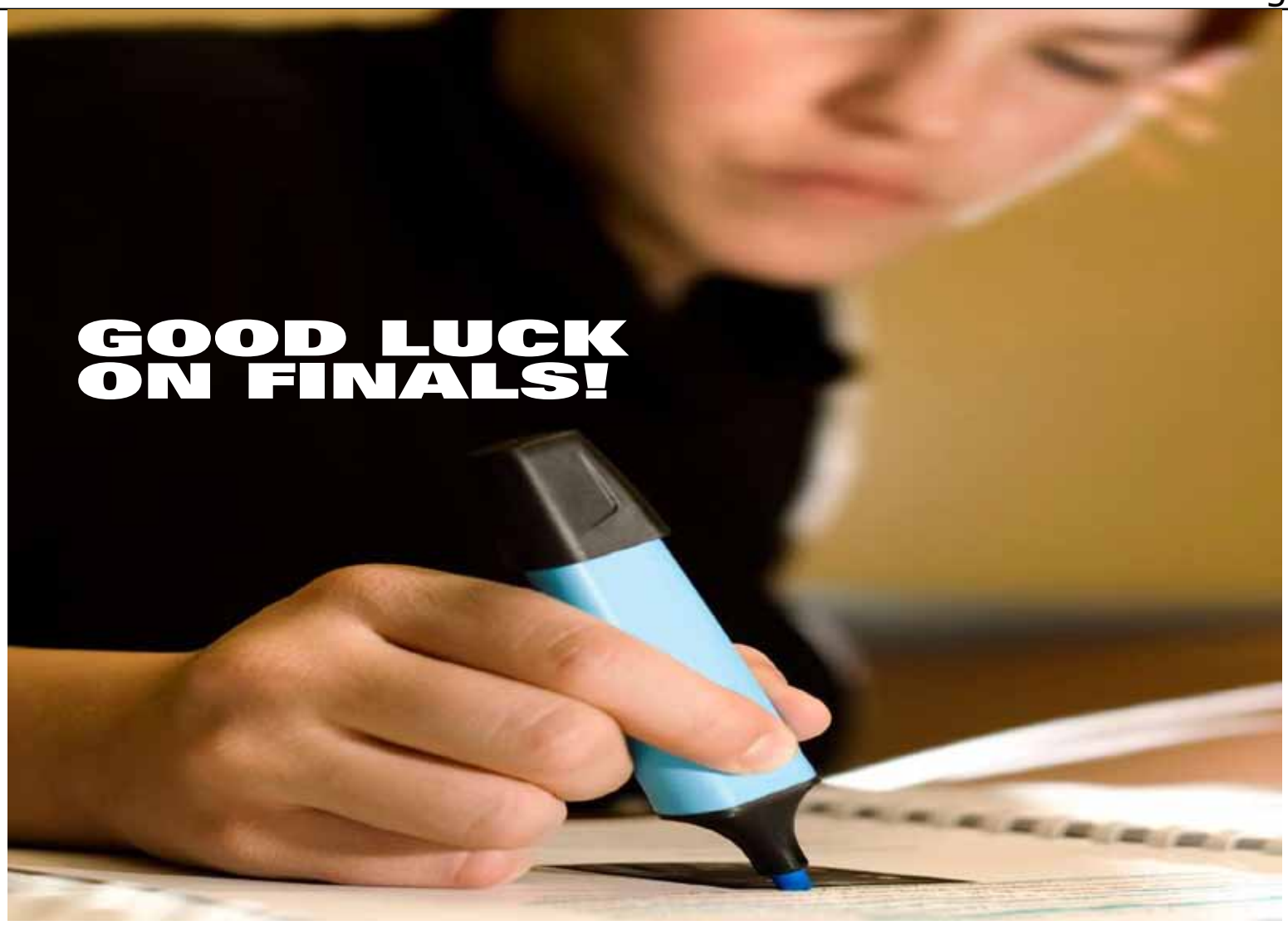
None More Black is a New Jersey based melodic punk band whose fun and loud lyrics and riffs show us how good punk can really get. After two albums and an EP, None More Black's "Icons" is sure to never disappoint.



Dirty Blonde – Self Titled EP – December 2010

Dirty Blonde, an Indie punk band from Long Beach, New York shows us that their Nirvana/Weezer sounding guitar riffs and vocals from their demo is only a tease for what is to come this December. And since I'm in the band, I thought I'd throw the name around the campus a little bit.





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See solution on p.15

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What is NSMH?

By: Stephanie Belizaire

What does the acronym NSMH represent? The National Society of Minorities in Hospitality is a non-profit student run organization. It was founded at Cornell University in 1989. This professional trade organization has grown from 4 members to over 1,000 members. NSMH prides itself on preparing minority students to be leaders in the hospitality industry. NSMH provides its members with a competitive advantage through programs and conferences, networking opportunities, scholarships, and career development services. NSMH is comprised of over 75 chapters at colleges and universities throughout the United States.

This club is opened to other students in other majors at NYIT. It may not be known, but during free hour in Harry Schure Hall the club is usually recruiting students by informing them about what their club is about. This club is currently preparing for fundraising events so the members can travel to other states. The types of fundraising that the club holds are either baking or purchasing items and selling them at school or the members individually sell them out of school.

Kay-Ann Bassaragh is currently a junior at NYIT and she has attended Regionals for two years. She said, "My experience has been amazing, I had the opportunity to network with different managers from different hotels and restaurants." She was introduced to the organization by the advisor of their club, Professor James Murdy, who was her professor during that time. Her most memorable moment was when NYIT's chapter won an award. Kay-Ann doesn't regret joining this organization because she has gained a lot from it; she will be interning for Disney in May and she has networked with many people in the hospitality industry.

The future events that will be taking place is Regional's at Temple University located in Philadelphia, Pennsylvania on October 29-30th 2011, Nationals at the Marriott Gateway Hotel in Atlanta, Georgia on February 10-13th 2011, and Hospitality Week that will either take place on March 28th or April 4-8th 2011 on NYIT Old Westbury Campus. If you are interested in joining, you can register at **NSMH.org/Portal** or you can check information out on NSMH.org to see what the club is about.



Members of the National Society of Minorities in Hospitality (NSMH)

Design, Cut, Build- At Your Fingertips.

By: Ralph Demayo



For all you design majors or those of who have talent, look no further. Have you ever heard of the Fabrication Lab? It was previously called "Workshop." This laboratory was revolutionized to better meet the needs of students doing projects for their assignments in class. It is equipped with more expensive machinery and with the latest technology. The professor that runs the operation is Marcus Papangelopoulos. He is the Fabrication Staff director and been there for the last 2 years. Previous to that, Christopher Mahoney was in charge.

Most of the major equipment used is analog power tools, manual drill press, compound miter saw, power sander, 60 galloon air compressor, nail guns and grinders. The machines can cut, drill, polish and buffer. The air compressor is 120 PSI. Their hours of operation are Monday to Friday 1pm to 10:30 pm, except Tuesday is 5 pm to 10 pm. Saturday hours are 1 pm to 6 pm. The schedule can vary over time. The building is located near Education Hall, right next to the WNYT radio station.

These tools can be dangerous and therefore, must be used with extreme caution. In the last 5 years, no major incidents have ever been reported to occur. On occasion, there have been small injuries when people didn't follow safety instructions. Nevertheless, safety is always the top priority. Students who use the tools are advised to wear goggles and keep hands away from the spinning sharp blades. Certain equipment is for expert users who have had 40 hours or more in the lab. It is remarkable on the precision and detail the tool has on cutting. The blades are kept sharp at all times and spin at a very fast pace. They also use a laser cutter as an architectural model.

Inside the lab, there is a plotter room which contains computers that have various programs on them. Some of which include Auto Cad, Adobe Illustrator, Google sketch-up, computer aided drafting, Rhinosaurus and Revet. The purpose of the programs can vary. Some are used to form sketches of the project, similar to blueprints. Some allow students to see a project in 2D or 3D mode. This gives the student an outline of what their creation is and the necessary steps to take to complete it. A few are used in sync with the laser cutter, to tell it what to do. Some laser cutters are 40 Watts with cutting precision up to ¼ inch. Others are 75 Watts with precision up to ½ inch.

These tools are used for design classes and students who like to build stuff. Some projects have included windmill mini boats, race cars, airplanes and much more. Design majors have complicated and sophisticated projects like building a house. The laser cutter is precise as a milometer. Certain material that would be provided include wood, nails, screws, bolts, nuts, washers, Styrofoam, pencils, hammers, screw drivers, glue and other necessities. Design majors usually learn steps 1 to 8 which include the fundamentals especially when they live in commercial buildings.

Designers rely heavily on the fabrication lab to complete workshop projects which are needed to pass their course. The major expansion changes have caused an increase in the demand for the machines. However, space is very limited. In fact, during finals week the building meets its maximum occupancy of people. It can cause between 10 to 15 people to sleep outside to get access to the machines.

NYIT Takes Over Wall Street

By: Christopher A. Bustos

What are some of the words that come to mind when you hear the words, "Wall Street"? Business. Power. Control. Greed. For some, working on Wall Street can be considered a dream job. For others, it is merely a sign of wealth and greed. Clearly, over the past couple of years, especially in this economic climate, Wall Street has endured all forms of criticism and continues to till this day. On November 17, 2010, for the third consecutive year in a row, the School of Management at New York Institute of Technology (NYIT) and the Office of Alumni Relations have organized the annual "Day on Wall Street" event, where a certain number of Management students, of all majors, were selected to attend and represent NYIT.



"We're able to get students, from different financial majors, to share in this event and give them the opportunity to visit the different aspects of Wall Street," says Robert Koenig, Associate Dean for Student Advancement Program for the School of Management at NYIT, "This event gives students a great understanding on what they learned in the classroom and actually see it firsthand on Wall Street." Professor Koenig has been an incredible contributor to this event but he is not alone. "This event allows students to grasp the realistic view on how to get to the top," says Stephanie Langdon, Staff Associate for the Department of Hospitality Studies and a co-planner of this annual event for two years, "It gives students a real look at the industry that they are about to enter once they graduate." Preparing for this event is not a simple task. Realistically, the "Day on Wall Street" event takes at least 9 months of preparation. Fortunately, Robert Koenig and Stephanie Langdon are not alone in managing this event. Joe Fortine, Director of Alumni Relations, Linda Marshall, Director of Development, and Gabrielle Dubey, President of the School of Management Student Advisory Board, all contributed to this event.

This year, a total of 25 students majoring anywhere between Accounting to Finance, participated in this event. The day started bright and early at 7:00 a.m., where the students rendezvoused at the famous "Bowling Green Bull" Statute, which many would consider the symbol of Wall Street in Lower Manhattan. From there, the students walked over to the Federal Reserve Bank of New York where they met Roseann Stichnoth, NYIT '82 MBA Alumni, whose years of hard work and dedication helped her become the Senior Vice President of Operations of the bank. In addition, as the head of the Special Investments Management Group, she reviews the financial conditions of certain businesses, monitors the use of cash, and exercises the New York Fed's contractual consent rights over decisions that could have an influence on whether or not a company can repay its loan. According to Stichnoth, she works with the AIG management in ongoing efforts to establish and enforce the company's business and repayment strategy.

Afterwards, the NYIT students were given a tour of the Gold Vault, which contained billions of dollars worth of gold, located 50 feet below sea level. Students were given a presentation behind the Gold Vault and the unique role of the New York Fed in storing and guarding the gold. Interestingly enough, 95% of the gold in the vault belongs to foreign countries and their gold was kept in our vault as a sign of friendship. Afterwards, the students were given another tour located at the Museum of American Financial History, where they learned about the three different types of Financial Markets located here in New York City: the New York Stock Exchange, the New York Mercantile Exchange, and the Citigroup Bond Desk. To complete the day, the students were taken back to the Manhattan Campus of NYIT, where they were received several words of wisdom by several NYIT Alumni, who are already excelling in their respected professions.

"Be accountable for your futures," says Bill Jacoutot, NYIT Alumni of 2003 and current Senior Director of Quality Control at Broadridge Financial, "In order to grow, you need to feel uncomfortable." In order words, he urges students to stay motivated and continue to move up the ladder of success, despite how difficult or intimidating the path can be. Being comfortable has its benefits, but ultimately, students should never stop learning or settle for average. "Go make your own jobs," says Crystal Langdon, mother of Stephanie Langdon and founder of Crystal Clear Finances who believes that the scarcity of jobs should not frighten future graduates upon leaving NYIT. "There's room for you out there," says Langdon. Although the economic climate can be quite intimidating, students should be challenged and motivated to succeed, even if it means starting a new business. The key, according to Crystal, is marketing. "If you can't market yourself, then how can your clients ever receive the message that you're sending out?" says Crystal Langdon, who is a well-known radio host. "If you promote yourself, your business will grow."

"This event really strengthens the educational experience of the students here at NYIT", says Robert Koenig, who mentions that his highlight of the event was traveling five stories down to the Gold Vault at the Federal Reserve Bank. "I strongly believe that the students who attended the 'Day on Wall Street' event will be better prepared for their future, wherever it may lead them." Ultimately, the third annual "Day on Wall Street" was a valuable experience for the School of Management students that attended. According to Stephanie Langdon, more opportunities will be offered to students, as student involvement will be important for future events at NYIT's School of Management.

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From the Web: The Latest Installations from our Blogs "The Frugalista" and "Insights By Nicki Ros"

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Holiday in the City

(Without Draining the Gift Budget)

By: Jessica Whittaker



It's the holidays! Which means trips into the city become more frequent. Walks past the tree at Rockefeller Center, ice-skating on the Central Park rink and spending time with family and friends. But the city can be very expensive. So I have a few ways to save some "dough."

Unfortunately, there really is no getting around transportation. The train price goes up everyday and parking is like $10 per half hour, but if you make sure to take off-peak trains you can save a few bucks. During the holidays many free events go on all the time. Last Tuesday, I went to see the Rockefeller Christmas Tree Lighting, which is free, and made a day of it. I went to Macy's in Herald Square to meet Santa Claus and walked through Santaland. It's free and they let you take your own pictures with Santa so you can avoid the $34.00 picture of you and the big man.

If you are hungry, it's best to stay away from commercialized parts of New York. Dinner in Times Square is going to be at least $15 more per person than the same restaurant would cost you towards the coasts of the island. However, if shopping is your pleasure, Times Square is exactly where you want to be. Their sales are miraculous and store hours go deep into the AM. This center hub of the city is also the home of TKTS, under the steps in the heart of Times Square. This stand sells same day Broadway shows for $20.

Further north at Central Park West at Columbus Circle is the Christmas Flea Market where you can find so many unique pieces to give as gifts or use as decorations. And while you're there, cross the street to the Time Warner Building and watch the beautiful stars hanging from the ceiling and shop a bit (and stop at my favorite place in the whole world, Jamba Juice).

One stop that cannot be missed is the Christmas Tree exhibit at the Metropolitan Museum of Art. One great train of the Met is the suggested admission fee but any amount you can give is acceptable. If more modern art is your thing, most museums impose the same policy.

Manhattan is usually correlated to expensive, but it doesn't have to be that way. There are so many hidden gems within the city that just need to be uncovered. And the Holiday time is the best time to find it. Happy Saving and Happy Holidays!

Classifieds:

House Share wanted

Transfer student, 22 years old, looking for share house. NS. Please call me or email Andrew at 202-550-0737, andyyru@aol.com

Date Rape on Colleges: A Serious Problem

By: Nicole Rosenberg

For my last and final blog I would like to talk about a serious problem, the fact that a study came out in September 2010 that claims 1 in 4 girls will get raped while attending college. Even though this is a sad and serious topic I feel it is important to talk about because girls in college need to be made aware of this crazy epidemic taking place. Maybe with this information, we girls will become more cautious and aware of predators.

My research has informed me that the date rape drug is one of the most prevalent crimes on college campuses. We usually think of getting raped by someone we do not know in a dark alley way but this is not the case. Date rape is also one of the most unreported crimes, so who knows the exact statistic of this. Also, since the attacker is usually in the victim›s social circle, the victim may have to see their attacker after the rape. Fear of these meetings may cause the victim to become increasingly distressed and less likely to report the crime. In many date rape cases, alcohol is involved, and we all know how we like to party at college.

Rape is more common on college campuses with higher rates of binge drinking! Alcohol use is a central factor in most college rapes, says a new study that was released by the Harvard College Alcohol Study. According to Meichun Mohler-Kuo, Sc.D, lead author of the study and research scientist at the College Alcohol Studies at Harvard School of Public Health, "This study reveals that a woman›s chance of being raped is far more pronounced on campuses where the student body as a whole engages in a high rate of binge drinking and when individuals consume a large amount of alcohol."

It is so scary to think that while attending college I had a 1 in 4 chance of being one of these victims, but at the same time I do not put myself into situations where someone could use the date rape drug on me but this is only my case. A lot of us go out to bars and parties and binge drink a lot during college and for some reason we are blind to the fact that someone very close to you could do such a thing.

I hate to say this but we cannot wear our trust on our sleeves. Even though these people may be your closest friends in college you just do not know what their true intentions are. Do not be so trusting of your "friends" that may be within your circle. Watch how much you drink at a party and no your limit! It is unfortunate that we have to be like this but it is the reality we live in. I just hope that with this blog young girls will be more careful.

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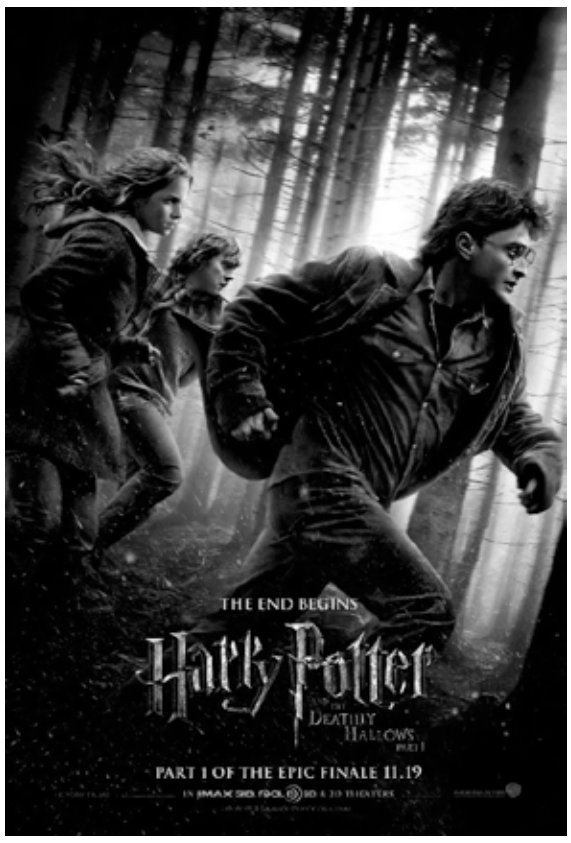
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Harry Potter and the Deathly Hallows: Part I Movie Review

By: Nina Cicero



Many people may say that the director, creator and actors of the Harry Potter series are milking it for all its worth -- but, truth be told these movies have created such a large variety and loyal fan base that it is undeniably and rightfully one of the most anticipated series that has come to life over the last few years. Movie after movie this series has continued to create this fantastical world that we all wish we could be a part of. But *Harry Potter and the Deathly Hallows* has a fast pace, unexpected turns, and thrilling movie made yet. In this seventh movie directed by David Yates, Harry Potter (played by Daniel Radcliffe) faces many new obstacles. He must collect all of the Horcruxes that Lord Voldemort (Ralph Fiennes) has split and hid his soul into. Harry is unaware of the location of all these Horcruxes which leads to the "unexpectedness" aspect of the movie. In the beginning of the series, Harry Potter was a movie that many young kids were watching, in fact, that was its primary fan base. But as the fan base gets older, the graphics and storyline continues to get more complicated, the movies continue to get scarier and more of a suspenseful thriller which may not be suitable for very young children. When I reviewed this film, some of the kids in the theater were quite scared, and even many of the adults were jumpy and on edge. But as the movies continue and the series wraps up, it leaves you wanting more which is something that not many directors incorporate well into the series. After awhile, many people believe that its 5th, 6th or 7th movie can get redundant and uninteresting. But this seventh movie of Harry Potter has delivered nothing of that sort. It has delivered an elevated sense of scariness, thrilling fight scenes, young romance, and the concept of loyalty and betrayal -- with the same type of feel that every Harry Potter movie has had since the beginning. Many people say the only bad part about this movie is the fact that they have to wait so long for the next one to come out!

December					
Sport	Day	Date	H/A	Opponent	Time
Mens Basket Ball	Wed.	1	H	St. Thomas Aquinas*	7 p.m.
Womens Basketball	Wed.	1	H	St. Thomas Aquinas*	5 p.m.
Mens Basket Ball	Sat.	4	H	Queens College*	2 p.m.
Womens Basketball	Sat.	4	H	Queens College*	4 p.m.
Womens Basketball	Mon.	6	H	Concordia	5 p.m.
Mens Basket Ball	Sat.	11	H	Univ. of Bridgeport*	7 p.m.
Womens Basketball	Sat.	11	H	Univ. of Bridgeport*	2 p.m.

Baseballs Hot Stove Heats Up

By: Dan Canobbio

The World Series is over. The San Francisco Giants wrapped up an improbable World Series championship with a team that seemed to be assembled on the fly by general manager Brian Sabean. But this winter's market seems to be stocked with elite talent, enough for every GM to carefully plan out a blueprint for their ball club. As winter quickly approaches and the temperature begins to drop the baseball hot stove heats up.

All the noise so far this off season center around New York - fittingly- as Derek Jeter's projected smooth contract talks have taken more bad turns than a city taxi. Yankees owner Hal Steinbrenner had enough foresight to coldly state to the media that the negotiations could get "messy." That would be an understatement. Both sides are at a standstill with the Yanks standing pat on their 3 year/ $45 million offer. Jeter's camp is rumored to want up to 23 million a year for seven more seasons. Will the iconic face of the franchise bolt Manhattan for the luxuries of the West Coast?

With San Francisco putting an exclamation point on the season of the pitcher, baseball executives have been stressing pitching, pitching and more pitching. The market this year for pitchers features a perennial Cy Young candidate in Cliff Lee but quickly drops off after that. He figures to cash in big time as the Yankees are very willing to pry him away from the upstart Texas Rangers. Durable innings eater, Carl Pavano represents the only other worthy investment for the front end of a rotation. With such a discrepancy in quality arms on the market, teams may be more inclined to acquire players through trades with 2009 Cy Young award winner Zach Greinke being dangled by the Kansas City Royals.

However, teams looking to add some pop to their lineups this off-season are in luck with plenty of potent bats available out there. Carl Crawford looks to land a long term deal mainly for his excellent speed and power he can supply to the top of a lineup. Jayson Werth, of the powerhouse Philadelphia Phillies, should garner a lot of looks being a five tool player with a knack for coming up big in the clutch. The corner infield spots feature Adrian Beltre and Paul Konerko both coming off with solid 2010 campaigns. Perhaps the steal of the off-season could be slugger Adam Dunn, who has quietly hit over 40 home runs in his previous seven seasons. Teams looking for designated hitter/ first base fix might have to go down the-aging-but-still-productive route with Jim Thome, Vladimir Guerrero and Lance Berkman who are looking for a team to call home.

Even with all this speculation, the same teams seem to be the big spenders year in and year out. The Yankees, Red Sox, Tigers and Los Angeles Angels - all big market teams - are letting it be known they have their checkbooks out. I can't see Jeter not signing with the Yankees as both sides come to an agreement on a contract spanning four years and $70 million. Prized pitching extraordinaire Cliff Lee will also end up in the Bronx, inking a deal that will make him the highest paid pitcher in the game at $25 million a year. The Angels seem to be big players this off-season, being rumored to land Carl Crawford and Adrian Beltre. I believe the Halo's got it done and return to the playoffs.

The Boston Red Sox want to be heard after missing the playoffs and they will surely be reckoned with when they add Jayson Werth to an already loaded veteran lineup. The Adam Dunn sweepstakes will be won by Chicago Whitesox, who desperately needs a big lefty bat to fill the void Paul Konerko will leave. And in the surprise move of the off-season the Mets will finally move shortstop Jose Reyes to the Giants in exchange for stud pitcher, Madison Bumgarner.

With the winter baseball meetings being held this week in Orlando, these mentioned players will be discussed thoroughly by a room full of baseball geeks. Numbers will be thrown around; agents will be touting their clients as the next Babe Ruth. You see the games may have ended on the field but they have just begun at the negotiating table. Even in the dead of winter, owners and agents will play hardball. We fans get to simply sit back, turn on the hot stove, and see how it all plays out.

The Outside Gym

By: Joe Petchonka

An encirclement of huge, blue machines. Hundreds of confused and interested spectators walk by and inquire to themselves the origin of them. The elements of nature and humanity have been brought together by one commonality: NYIT has new gym equipment, only it's outside.

James Massari, Athletics Facility Supervisor and Equipment Manager, had lead to a new beginning; a new path to discover the reason for the new outside gym. After a hurried visit with James, and with a lead once again, the direction was now set toward Clyde Doughty Jr., Director of Athletics. The office of Doughty Jr. was in close proximity to James Massari, which made the excursion that much easier, because after a barrage of emails, face-to-face questioning was a must. A sleek entry and a brisk "hello," and it was down to business. A short dialogue ensued, but more importantly, he told of how this outdoor gym will help students. "The outdoor fitness center will allow individuals in the NYIT community who love the outdoors will now have the opportunity to fit in a circuit of fitness exercises during their walk or run" said Doughty Jr.

But who donated the equipment to NYIT you might ask?



An alumnus of NYIT named Roy Arad, that's who!

"As an alumnus of NYIT, I am pleased to have the opportunity to give back to the college that taught me so much and helped to get me where I am today," said Roy Arad, the Vice President of Business Development at Arocon Consulting, where he manages all U.S. operations for Games and Sports.

It all made sense now. Glancing at the new gym equipment with keener sense of sight (or so it seemed), the machines glistened in the sunlight and cowered in fear from the shivering clouds. Stomping through the grass, stepping over mounds of unleveled soil, and bracing for the Stonehenge-like awe of the once mysterious outdoor gym, they were in sight. Solid, vibrant, mechanically sound; this gym was everything that you would imagine it to be. Working out to the melodic tune of nature could prove all the more meaningful when it came to improving your physique, and this is one aspect of the gym that was most pleasing. After a rousing inspection of the gym equipment, the conclusion had arrived: what a good idea this was. The indoor gym was stuffy, cramped; it bred lethargy. But this gym was nothing short of refreshing, and relaxing as well; in a non-claustrophobic sense. This new gym exuded refreshment, and above all else, added a newly-found sense of enhancement to the campus.

It was decided: a student had liked the idea of an outdoor gym. Walking off the field, and glancing back at the outdoor gym once more, more students had found the mysterious equipment to their liking. As they paraded through the assembly of machines, the students had begun to murmur amongst themselves. They then proceeded to exercise.

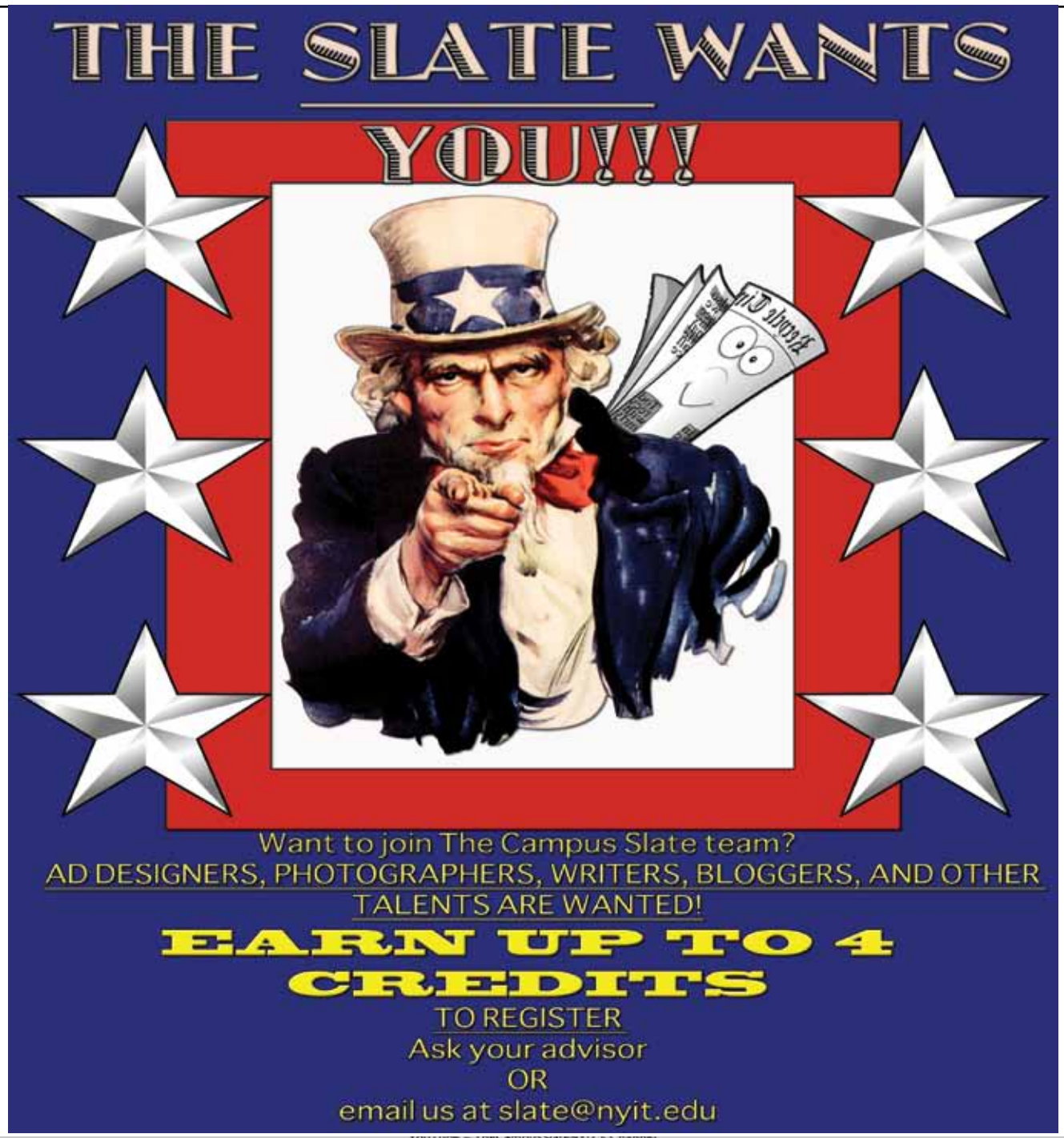
Holiday Toy Drive

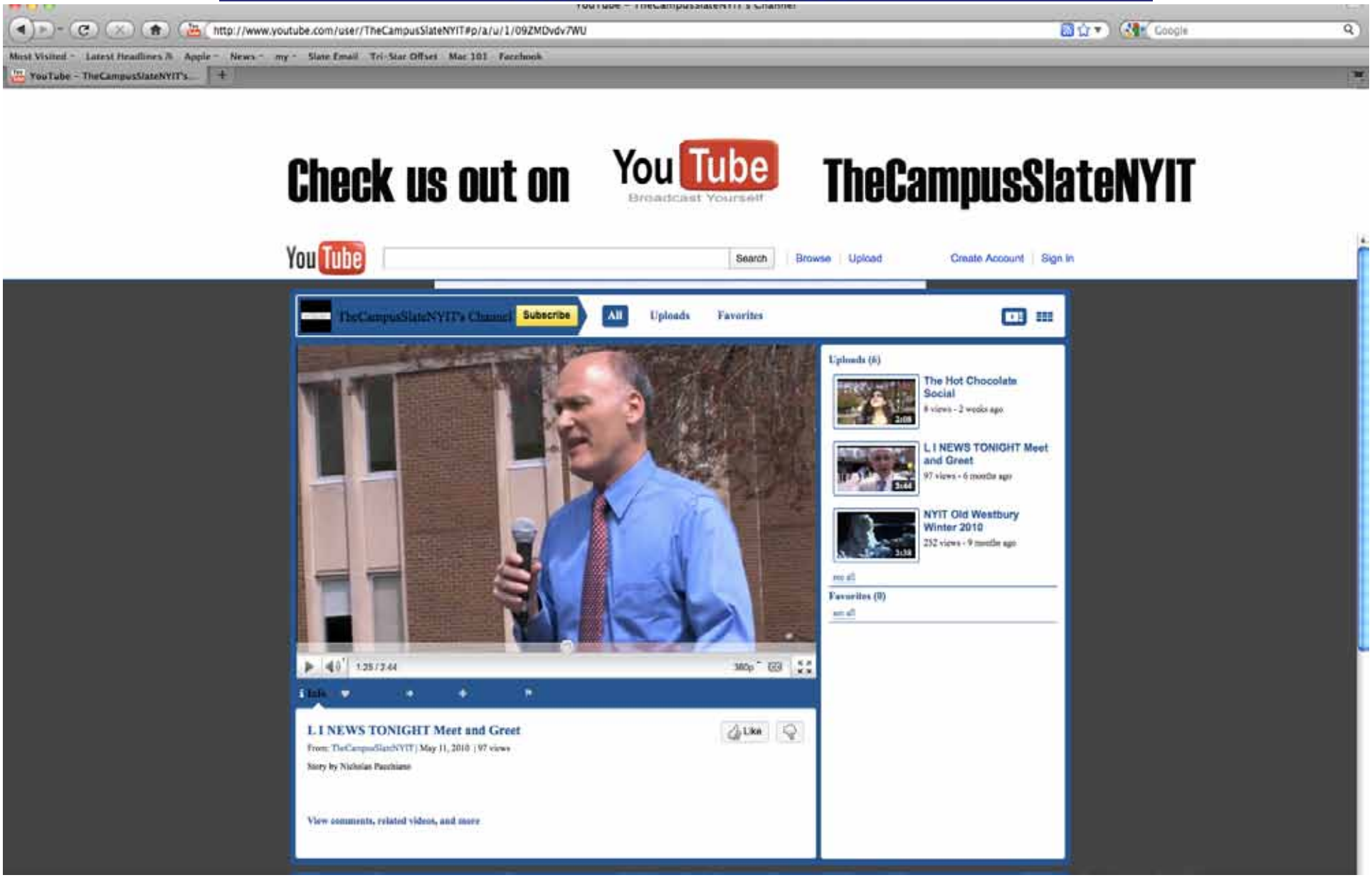
By: Nina Cicero

HELP LESSEN THE AMOUNT OF CHILDERN WITHOUT GIFTS THIS HOLIDAY SEASON!

With the help of NYIT's Community Service Center, NYIT has coordinated a holiday toy drive. This holiday toy drive is being held from now until December 16, 2010. All the toys collected will be donated to Gerald J. Ryan Outreach Center, which is a non-profit organization that helps impoverished families. This cause will not only create awareness but also let us help those who may not be as fortunate as others. Each student who helps by donating a toy will be entered into a raffle, each receiving one ticket per every toy donated. Toys for all ages and gender are needed. The toys must be new and also unwrapped. Interested in helping out with the toy drive, but just don't have the time to go to the toy store? - Then no worries! For those of you who don't have the time to go to the store then you can donate money and that money will go towards helping the Outreach Center buy toys for the children. Any toys that are being donated can be dropped off at the Community Service Center which is located in the lower level of Salten Hall. This is a great cause and any donations whether it may be money or toys will greatly be appreciated! If you have any questions or comments please contact the External Outreach Coordinator, Theresa Piccolo. You can contact by phone: (516) 686-4025 or by email: cscow@nyit.edu.




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